

**ABSTRACT FOR ORAL PRESENTATION STTI EUROPEAN CONFERENCE
2016: LEADERSHIP IN NURSING SCHOLARSHIP, PRACTICE AND
EDUCATION: HOW TO IMPACT NURSING AS A CARING PROFESSION
GLOBALLY**

**ABSTRACT TITLE: USING ACTION RESEARCH AS METHODOLOGY IN
CHANGING NURSES' PERCEPTION AND ATTITUDE TOWARDS
HEALTH SERVICE FOR ELDERLY IN COMMUNITY: INDONESIAN CASE**

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Introduction:

Action research's primary purpose is to facilitate change in specific situations in local and real world environments and to solve real problems maintains and can encourage positive change in the physical, emotional and social status of people.

Aim

The study employs an action research approach. It aims to investigate what services and programs are needed to support elders in rural Indonesia to maintain and enhance their quality of life.

Method:

Focus group discussions were held to investigate how community based health professionals and the health care team identifies service gaps that potentially impact on the quality of life of elderly people, develop strategies to address those service gaps and to change the practice

Result:

A series of group discussion named Action Research Group (ARG) were held during 10 weeks. It aimed to discuss the health professional's roles in providing health services for elderly in community. The discussion based on the phase one results where it was found that the health staff only focused on curative tasks than promotif and preventive activities. The results of the ARG meetings changed some nurses perception and attitude to provide more preventive and promotif tasks.

Conclusion:

I believe action research was an appropriate methodology for this study that sought to investigate the possibilities for developing the practice of health staff involved in the delivery of a community based health program for the elderly. Characterized by democratic, participatory, collaborative and critical reflective processes, critical action research seeks to bring together action and reflection, theory and practice in participation with others. This conditional relationship can offer a range of possibilities to the staff members involved in this study, for change and improvement.